

**CONFIDENTIAL**

**For Research Purpose only**

**Participant Questionnaire**

Women Win

**VERSION 3 - Complete**

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PARTICIPANT CODE

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| **Organisation fills in** *(before questionnaire is administered)***:** | |
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| Organisation Name: | *<<Insert name of implementing organisation>>* |
| Programme Name: | *<<Insert name of programme>>* |
| Area/Site Name: | *<<Insert name of area/site>>* |
| Time of Assessment*:* | *<<Choose one: Baseline| Midline| Endline>>* |

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| **Questionnaire Administrator fills in** *(when questionnaire is administered)***:** | |
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| Questionnaire Administrator’s Name: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*  Date: \_\_\_\_\_\_ / \_\_\_\_\_\_ / \_\_\_\_\_\_ | |

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| **How was this questionnaire filled in?**  *Please check the box next to the most correct answer – choose one response only* |
| ☐ Self-administered  ☐ With assistance in a group  ☐ Interviewed |



Hello! Thank you for filling out this questionnaire! This is not a test, but it helps us to understand your experiences. Please be honest and ask questions if you have any!

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| **Section 1. Community Involvement** |

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| **1.1 Have you had any leadership position in the last 6 months in your school, community, or sports programme?**  *Examples of leadership positions include taking responsibility for an activity or event within your school, church, mosque, temple or community; leading a sports activity, or other similar positions.* | **No** | **Yes** | My position is/was: |
| ☐ | ☐  ⮡ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **1.2 In the last 12 months, did you participate in any OTHER project, activity, or education session [OTHER THAN <<Insert name of programme>>] related to…** | | |
|  | **No** | **Yes** |
| 1. **… violence against women or women’s rights?** | ☐ | ☐ |
| 1. **… healthy lifestyles (safe sex, condom use, HIV prevention)?** | ☐ | ☐ |
| 1. **… savings, loans, banks, doing business, making money?** | ☐ | ☐ |
| 1. **… sports or physical activities?**   ⮡ If yes, I played a sport or did another physical activity  for about \_\_\_\_\_\_\_\_\_\_\_\_\_ hours per week | ☐ | ☐ |

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| **1.3 Have you ever done any of the following activities?**  If yes, have you done them in the last three months? | | | | |
|  | **a. Have you ever done this?** | | **b. Have you done this in the last 3 months?** | |
| No | Yes | No | Yes |
| 1. **Visited a bank or microfinance institution** | ☐ | ☐  ⮡ | ☐ | ☐ |
| 1. **Deposited money in a savings account (in the bank or by phone)** | ☐ | ☐  ⮡ | ☐ | ☐ |
| 1. **Written or edited a budget** | ☐ | ☐  ⮡ | ☐ | ☐ |

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| **Section 2. What do you think?** |

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| **2.1 Are these statements true or false?** | | | |
|  | **True** | **False** | **Don’t know** |
| 1. **Touching my eyes, nose, and mouth frequently brings germs into my body and can make me sick.** | ☐ | ☐ | ☐ |
| 1. **While menstruating, girls should avoid some activities, such as running, taking a shower or going to school.** | ☐ | ☐ | ☐ |
| 1. **A budget is a plan of the money that I have and the money that I will spend.** | ☐ | ☐ | ☐ |
| 1. **Saving and borrowing are both ways to reach financial goals.** | ☐ | ☐ | ☐ |
| 1. **Verbal insults, humiliation, and threats are forms of violence.** | ☐ | ☐ | ☐ |
| 1. **All girls get their first menstrual period at the same age.** | ☐ | ☐ | ☐ |
| 1. **Rich people don’t have a problem with violence against women.** | ☐ | ☐ | ☐ |
| 1. **I see unequal power relationships in my community.** | ☐ | ☐ | ☐ |

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| **2.2 How risky is this activity?** | | | |
|  | **No Risk** | **Low Risk** | **High Risk** |
| 1. **Sharing plates, cups, and cutlery with someone living with HIV.** | ☐ | ☐ | ☐ |
| 1. **Two people are hugging. One of them is living with HIV.** | ☐ | ☐ | ☐ |
| 1. **A woman and man have sex without a condom. One of them is living with HIV.** | ☐ | ☐ | ☐ |

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| **2.3 Do you know?** | | | |
|  | **No** | **Yes** | **Method**  *If you answer yes, list one method* |
| 1. **I know how to keep my body healthy during my menstruation.** | ☐ | ☐  ⮡ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 1. **I know how to prevent pregnancy.** | ☐ | ☐  ⮡ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 1. **I know how to prevent HIV.** | ☐ | ☐  ⮡ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 1. **I know how to prevent sexually transmitted infections.** | ☐ | ☐  ⮡ | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Section 3. How do you feel?** |

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| **3.1 Please state how you feel about these ideas. How much do you agree or disagree?** | | | | |
|  | **Strongly Disagree** | **Disagree** | **Agree** | **Strongly Agree** |
| 1. **I am a leader.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I have skills and talents that I am proud of.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I feel confident to say no to my friends if they ask me to do something I don’t want to do.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I know a girl or woman who I look up to and inspires me.** | ☐ | ☐ | ☐ | ☐ |
| 1. **My community is interested in what I have to say.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I have good *<<insert sport (netball, football, karate)>>* skills.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I feel fit and strong** | ☐ | ☐ | ☐ | ☐ |
| 1. **Women should be able to earn their own money.** | ☐ | ☐ | ☐ | ☐ |
| 1. **One day I will get a job.** | ☐ | ☐ | ☐ | ☐ |
| 1. **It is best to let the men make the decisions at home.** | ☐ | ☐ | ☐ | ☐ |
| 1. **If a woman does not want to be touched or have sex, it is her right to say no.** | ☐ | ☐ | ☐ | ☐ |
| 1. **Women should have full control over how many children they have and the spacing of those children.** | ☐ | ☐ | ☐ | ☐ |
| 1. **Women should tolerate beating by their husband to keep the family together.** | ☐ | ☐ | ☐ | ☐ |



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|  | **Strongly Disagree** | **Disagree** | **Agree** | **Strongly Agree** |
| 1. **I am able to make my own decisions about my future.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I am confident to ask others for support.** | ☐ | ☐ | ☐ | ☐ |
| 1. **My friends support my ideas.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I can stand up for myself if I disagree with my friends.** | ☐ | ☐ | ☐ | ☐ |
| 1. **While playing sports, I do NOT feel confident to jump and run.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I know what to do when I’m on the *<<insert relevant sports arena: netball court, football field, cricket pitch>>*.** | ☐ | ☐ | ☐ | ☐ |
| 1. **I feel comfortable to talk about changes that happen to my body with a person that I trust.** | ☐ | ☐ | ☐ | ☐ |
| 1. **The woman, not the man, should always be responsible for taking care of the home and looking after the children.** | ☐ | ☐ | ☐ | ☐ |
| 1. **Women should be able to decide how to spend the money that they earn themselves.** | ☐ | ☐ | ☐ | ☐ |
| 1. **When the shopkeeper gives me money back after a purchase, I always check to make sure the amount is correct.** | ☐ | ☐ | ☐ | ☐ |
| 1. **It is safer to save my money in a bank or microfinance institution than at home.** | ☐ | ☐ | ☐ | ☐ |
| 1. **You must be rich to use a bank.** | ☐ | ☐ | ☐ | ☐ |



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| **Section 4. Community Resources** |

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| **4.1 Do you know?** | | |
|  | **No** | **Yes** |
| 1. **I know of a place near my home or school where I feel safe.** | ☐ | ☐ |
| 1. **I know of a place or person near my home or school where I can discuss my reproductive health.** | ☐ | ☐ |
| 1. **I know of a place or person near my home or school where I can go to report violence or abuse of a girl or women.** | ☐ | ☐ |
| 1. **I feel safe in <<Insert name of programme>>.** | ☐ | ☐ |
| 1. **I know a place or person in my community where I can find help for personal problems.** | ☐ | ☐ |

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| **4.2 Do you know where to get money to start a new business?** | ☐ Yes  ⮡ If yes, I can get money from: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  ☐ No |
| **4.3 Do you have your own small business?** | ☐ Yes  ☐ No  ⮡ If no, would you like to have your own business some day?  ☐ Yes  ☐ No |

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| **4.4 How many friends do you have with whom you feel comfortable talking to about a personal problem?** | ☐ No one  ☐ One friend  ☐ Two or three friends  ☐ Four to ten friends  ☐ More than ten friends |



***<<This section is compulsory for ENDLINE. Delete for BASELINE>>***

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| **Section 5. Activities** |

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| **5.1 During <<Insert name of programme>> did you learn anything new about…** | | | |
|  | **No** | **Yes** | **I don’t know** |
| **a) … your body and health?** | ☐ | ☐ | ☐ |
| **b) … different kinds of violence?** | ☐ | ☐ | ☐ |
| **c) … budgeting and saving money?** | ☐ | ☐ | ☐ |
| **d) … how to be a leader?** | ☐ | ☐ | ☐ |

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| **5.2 What do you like best about <<Insert name of programme>>? Choose only one answer** | |
| ☐ Learning/practicing sports skills  ☐ Being competitive/competing in matches  ☐ Life skills/education sessions  ☐ My sports coach  ☐ My life skills facilitator  ☐ Making friends  ☐ Having fun | ☐ Being part of a team  ☐ Receiving uniforms/sports clothes  ☐ Feeling confident or strong  ☐ The opportunity to travel  ☐ Receiving awards/certifications  ☐ Being in the spotlight/receiving attention  ☐ Other |

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| **5.3 What do you dislike about <<Insert name of programme>>? Choose only one answer** | |
| ☐ Learning/practicing sports skills  ☐ Being competitive/competing in matches  ☐ Life skills/education sessions  ☐ My sports coach  ☐ My life skills facilitator  ☐ Other girls in the programme  ☐ Bullying amongst girls | ☐ Bullying from boys or men  ☐ Not making the team/getting to play  ☐ Feeling like I do not improve  ☐ Time schedule  ☐ Location  ☐ Being in the spotlight/receiving attention  ☐ Other |

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| **5.4 How likely are you to recommend *<<Insert name of programme>>* to a friend?**  ***Circle the number*** | | | | | | | | | | |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Not at all likely Extremely likely | | | | | | | | | | |